Prostate BIOPSY

A prostate biopsy is a procedure usually done in the doctor’s office together with his assistant. A core needle will be used to remove sample of the prostate which is guided by an ultrasound.

Before the Procedure

1. You will be given antibiotics to take the night before and the morning before the biopsy
2. You will be given an enema to be done 2 hours before your biopsy
   • If you don’t know how to perform a fleet’s enema Link: https://www.youtube.com/watch?v=yjSsKO6APZM
3. You will have to stop taking any blood thinners. Consult your doctor on the length of which you are allowed to stop your blood thinners
4. You are not required to fast for this procedure unless you will be under anesthesia.

During the procedure

1. Make sure you have adhered to the pre- biopsy instructions. If you fail to do one of the steps, please notify our medical staff. Failure to adhere to these instructions may cause the cancellation of your biopsy.
2. Make sure you sign a medical consent
3. You lie to your side on the exam table with your back facing the ultrasound. Bend your knees towards your chest resembling a fetal position.
4. Depending on the situation, an Intravenous or Intramuscular injection of antibiotics is given
5. A transrectal probe from the ultrasound would be inserted thru the rectum.
6. A local anesthesia will be injected
7. You will hear loud click signaling the start of the biopsy. Up to 12 samples may be collected to adequately represent the whole prostatic area
8. The physician will withdraw the probe and ask you lie with you back on the table for a few minutes
9. You will be instructed when it is safe to stand and get dressed

After the biopsy

1. It is important to that you may experience the following after the biopsy which is considered normal.
   a. Discomfort in the rectum and the base of the penis
   b. Blood or discoloration of your semen which may last for a few weeks to even months
   c. Increase your fluid intake
   d. You may see blood in your urine.
2. Please notify us immediately if you develop. We can be reached at 973-7434450 24-7
   a. Burning with urination
   b. Chills
   c. Fever
   d. Blood clots or excessive blood in the urine or stool
   e. Difficulty or inability to urinate
3. You will be given up to 3 days’ worth of antibiotics to prevent infections
4. Limit your activity for the next 24 hours. Staying off your feet until the next morning is recommended.
5. Ask your physician when you can restart your blood thinners
6. You will be given an appointment in 2 weeks to review and discuss your results.